

TRUDGING THE ROAD TO HAPPY DESTINY

2023 MEN'S RETREAT January 27th - 29th, 2023

www.trhdretreat.org



Up North!

The retreat is held at modern and picturesque Horseshoe Bay Resort on Leech Lake near Walker, Minnesota www.horseshoebayresort.com
(800) 873-1229

Directions from Twin Cities: Take I-94 west toward St. Cloud, then Hwy 10 west to Little Falls, then Hwy 371 north (veer right off 10) thru Brainerd to Walker, then Hwy 200 east (right) ~1.5 mi., then take CR13 north (left) ~2 mi. and follow signs to resort. Maps: on our web site: www.trhdretreat.org

Schedule:

Friday

2:00 PM Check in begins
9:00 PM Speaker Meeting

Saturday

8:00 AM Breakfast (donation)
9:00 AM Topic Meeting
11:00 AM Workshop
Noon Lunch and afternoon open
5:30 PM Banquet
7:00 PM "Up Norte" Meeting

Sunday

8:00 AM Breakfast (donation)
9:00 AM Gratitude Meeting
Noon Check out

Bring a swim suit, x-country skis, snow shoes, and/or instruments if you like.

Registration:

The 2 nights lodging, Saturday night banquet, use of common room, kitchen, pool, steam room and sauna, coffee, all taxes and fees. (Meeting/Meal Only fee = \$30.00).

Online: \$155 trhdretreat.org/cost-registration
OR

Cash/Check: Mail \$150 and completed form to:
Ted Garner
4695 Sandra Lane
Whitebear Lake, MN 55110
(Make checks payable to: TRHD Retreat)

Contact: Ted Garner - 651-343-9180
Steve Schletty - 651-492-7330
trhdretreat@gmail.com

Name: _____

Address: _____

Phone: _____

email: _____

**Please register by
JANUARY 17TH!**

Limited Scholarship Assistance Available. Contact Ted/Steve

_____ I am applying for a Scholarship

Amount requested: \$ _____

Sponsor Name & Phone

* Funds limited based on availability

* Scholarship decisions will be made by January 17th.

*Reduced Rate (Scholarship) \$ _____

Scholarship Donation \$ _____

Total included: \$ _____